

FOUR REASONS TO HAVE A HEALTHCARE ADVOCATE

- 1** Attend medical appointments with you
- 2** Navigate care choices
- 3** Provide Support & Resources through difficult decisions
- 4** Health coaching - assist, encourage and support a client's health goals

**DON'T WAIT UNTIL
IT'S TOO LATE!**

Call Now for a FREE CONSULT!

916-501-2734

Kelly@AdvocacyForHealth.com

TESTIMONY

“

My Mom and Dad were living in assisted living when my mother had a stroke. I coordinated all their care and handled discussions with the physicians, etc. As I have a full-time job and a young family, finding time for all these responsibilities was weighing heavily on me. With Kelly's expertise she was able to step in and help fill gaps when my Mom's care needed special attention. She helped with visits, coordinating care and communication with the new facility when my Mom moved from a hospital to the rehab center. This helped ensure there were no gaps in my Mom's care and her needs were met. **Having a trained Advocate for my Mom during a critical time helped ease my stress and concerns.**”

— Ryan Berg, Fire Captain

Kelly Lonigan BS, MSW

Healthcare Advocate

Schedule a FREE CONSULT Today!
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More info at:
www.AdvocacyForHealth.com